



KNIGHTLY NEWS

April 2018

Welcome to St. Frederick



Dr. Wiggins comes to SFHS with more than 25 years of educational experience. She has a Ph.D. in Curriculum and Instruction (Louisiana Tech) and she has taught at LA Tech as well as in Lincoln Parish schools. For the last five years, she has served as Principal of Our Lady of Fatima.

As a goals-oriented educator, Dr. Wiggins brings a focused vision to SFHS. Understanding that every parent's concern is student safety, her immediate goal is to provide an up-to-date crisis plan for our students and faculty.

Dr. Wiggins has a proven track record in curriculum design and she has a passion for education. This passion gives her the personal connection to faculty and students. Her peers consider her an inspiration and a positive role model for students.

As a seasoned educator who believes in the importance of focused curriculum, Dr. Wiggins expects SFHS students to succeed by giving them the necessary nurturing environment and academic tools. That optimism and active approach to growing SFHS makes Dr. Wiggins the right fit for a school poised to make a difference in the community and beyond.

Dr. Wiggins is married to Ronnie Wiggins and they have 3 children, Jordan, Brennan, Maddie. They have one grandson, and one grandson on the way.

Coach Robinson graduated from Riverfield Academy in 1998. While at Riverfield, Andy lettered in football, basketball, baseball, and track. After graduating from Riverfield Academy, Andy attended Louisiana Tech University on a football scholarship. While at LA Tech, he was a letter winner in the 2000 season, a member of the 2001 Western Athletic Conference Champions, and played in the 2001 Humanitarian Bowl in Boise Idaho. Andy graduated from Louisiana Tech with a Bachelor of Arts in Education in 2003, and he obtained his Master of Arts in School Counseling and Guidance in 2006. Andy will be joining the St. Frederick High School community with more than 16 years of field coaching and administrative experience. Coach Robinson has coached in numerous school systems in East Texas and North Louisiana, and had several years of experience at the collegiate level.

Coach Robinson is married to Ashley Antony Robinson and they have 2 children, Parker 10, and Ryder 5.

Welcome to St. Frederick High School, Dr. Wiggins and Coach Robinson! We are excited about the possibilities for SFHS and moving forward with you.

A Shining Star!!!



Alyssa Dismuke has been selected to participate in a Student Leadership Summit at John Hopkins this summer. Alyssa was nominated by Mr. Lindow because of Alyssa's academic dedication and interest in neurosurgery. Our Warrior was 1 out of a 140 plus students selected from around the world to attend this summit.

Recently, Alyssa won an Oratorical Speech contest hosted by the City of Monroe. Alyssa was invited by Mayor Mayo to recite her speech at a Black History Month Program. Her award winning speech is titled "Stop the Violence."

Superior Ratings

Cale Guillory and Anna Grace Gill received Superior ratings at the 2018 Northeast Louisiana Music Rally.



Congratulations Cale and Anna Grace

“Day with the Doctors”



St. Frederick High School students got a dose of reality from "Day with the Doctors." Ethan Brister, Grant Johnson, Jonathan Roy, Zachary Shaw, and Gabriela Trejo spent a day at the

LSU Health Shreveport - School of Medicine participating in the Day with the Doctors program. These students were among 60 students from North Louisiana chosen to spend an entire day with medical staff and students at LSU Health Shreveport - School of Medicine.

Day with the Doctors is a one day, interactive program that provides Louisiana high school students with an opportunity to experience and observe a day's activities on a medical school campus. Students interact with faculty and medical students, discuss health careers and medical school, as well as learn basic medical diagnostic skills. Hands-on training includes: learning how to listen to breath and heart sounds, checking reflexes, suturing bananas and improving communication and listening skills while working with patients.

Student participation is open to high school juniors and seniors residing in North Louisiana who have a 3.0 grade point average or better.

El Club de Español va al restaurante Latin Food.



Members of the St. Frederick High School Spanish Club spent the day at Latin Foods in West Monroe. Each member was responsible for ordering his or her food entirely in Spanish. Thank you Mrs. Trejo for coming up with a creative way to keep SFHS students engaged in the Spanish Language.

Living Stations of the Cross

On Friday, March 23rd, SFHS students participated in Living Stations of the Cross for the student body and parents. This was a great way to prepare the students for Holy Week.



LA State FBLA 2018



St. Frederick High School is extremely proud of all the students who participated in the 2018 FBLA State competition in Lafayette, Louisiana.

- FBLA State Treasurer: Cason Oglesby
- 1st for Intro to Financial Math: Olivia Letlow
- 4th for Intro to Public Speaking: Cameron Oglesby
- 5th for Job Interview: Cason Oglesby
- 8th for Marketing: Cason Oglesby, Cameron Oglesby, and Kayla Ducote
- 5th for Sports & Entertainment: Jadon Roy, Jonathan Roy
- 4th for Securities & Investments; Jonathan Roy

**14TH ANNUAL
"WARRIORS WEAR IT WELL"
STYLE SHOW**
May 3, 2018
Monroe Civic Center
11:00 Lunch Included

St. Frederick High School
Tickets on Sale Now!
\$25
318-323-9636

Don't miss out on the 14th Annual St. Frederick Senior Style Show. Tickets and t-shirts are on sale now. All juniors and seniors must purchase a WWW t-shirt. Raffle ticket books were handed out to students on March 28th.



Warrior Soccer News

Congratulations Warrior Soccer

Offensive Player of the Year - Callie Ezell
Defensive Player of the Year - Sarah Breithaupt

All-Northeast Louisiana Soccer Players.
(1st Team)

Gavin Corder, Jr., Forward
Callie Ezell, Sr., Striker

(2nd team)

Coy Gammage, Fr., Goalkeeper
Jackson Ryder, Sr., Defender
Mem Smelser, Sr., Midfielder
(Honorable Mention)

Cole Landry, Jr., Midfielder
Sarah Breithaupt, Sr., Defender



Warrior Softball News



The Lady Warriors go 3 for 3 in the SFHS Spring Thaw Tournament!!!

St. Frederick High School

Serving grades 7th - 12th
www.stfrederickhigh.org
Call 318-323-9636 or visit our website for more information.

